



WELCOME HERE!

Greetings to all of Altona and area! Welcome to our fantastic line-up of recreation programs for this fall and winter. Check them out in this guide, or on our website, and find where you'd like to get involved.

There are lots of great programs running this year. If there's a program that you would love to see added, or that you are willing to facilitate that would would benefit the community, feel free to call or email our Recreation team.



66 Harv Schroeder Mayor of Altona 99

TOWN DIRECTORY

Recreation Services 204-324-9005 recreation.office@altona.ca	Altona Police Service 204-324-5373
Administration 204-324-6468 info@altona.ca	Altona Rhineland Emergency Services 204-324-8500
Public Works & Utilities 204-324-6439	Mayor & Council 204-324-6468





Cover Photo Credit: D&W Productions
Facebook: D&W Productions | Instagram: @dw_productions_dw

COMMUNITY PROGRAMS

South Central Regional Library

Go to scrl.mb.libraries.co op to learn about literacy, reading and more!

YFC Altona

Visit <u>yfcaltona.com</u> to learn more about program offerings for youth

Altona & Area Family Resource Centre

Visit <u>aafrc.ca</u> to learn about programs for kids under five and their caregivers

Altona Senior Centre

Learn about activities at the Altona Senior Centre by calling 204-304-6505

The Community Exchange

Visit tcealtona.ca to learn more about programs happening at this community hub

Regional Connections

Learn more about programs on offer at regionalconnections .ca

FUNDING OPPORTUNITIES

Jumpstart

Help kids play today, see where they go tomorrow. Jumpstart is committed to ensuring kids in need have equal access to sports and physical activity, and an equal chance to be their best. www.jumpstart.canadiantire.ca

KidSport

KidSport provides grants to kids from families facing financial barriers so they can participate in registered sport programs and experience the lifelong benefits of a season of sport. www.kidsport.ca/Manitoba

Chance 2 Grow

"Chance 2 Grow" funds a wide variety of recreational and educational opportunities for children from music lessons, art and dance classes, to gymnastics, swimming, and figure skating. Includes hockey registration in our southern region. This program will pay registration for a myriad of activities upon request. www.cfscmfoundation.com/chance-2-grow

DISC GOLF

The Disc Golf course in Centennial Park is open all year round. Discs are now available to borrow or purchase at the Millennium Exhibition Centre

SPORTS & ACTIVE LIVING



Altona Minor Hockey

Altona Minor Hockey offers programming for children from U7 to U18, and all skill levels. Info Night: Wednesday, September 11 at the Rhineland Pioneer Centre.



Altona Skating Club

Altona Skating Club offers CanSkate, Canada's best learn-to-skate program with certified coaches **Registration opens September 23 online** Contact: altonaskatingclub@gmail.com or Altona Skating Club on Facebook



Altona Curling Club

The Altona Curling Club runs leagues and bonspiels for all ages and skill levels each November through March.

Registration: altona.curling.io Contact: <u>curlingclubaltona@gmail.com</u>



Altona Yoga

Join Altona Yoga for autumn yoga classes! Altona Yoga offers programming for beginners to advanced practitioners. For pricing, class times, and workshops visit altonayoga.com



Outland Fitness

Outland Health & Fitness is an "all-in-one" fitness facility where you can find group classes, personal training, a variety of kids programs and more! For more information or to register visit outlandfitness.com

programs online, by scanning the QR
Code or by calling the Altona
Recreation Office at 204-324-9005
Be sure to watch out Social Media
Channels for program additions

Learn more or register for these





Community Children's Choir	Date: Sept 25 - Nov 27			
Instructor: Mary Costen	Time: 4:30 - 5:45pm			
Rhineland Pioneer Centre	Cost: \$115			
Adult Paint Night	Date: October 7			
Instructor: Cheryl Krahn	Time: 6:30pm			
Rhineland Pioneer Centre	Cost: \$60			
Kids Watercolor Workshop #1 Instructor: Cheryl Krahn Millennium Exhibition Centre	Date: October 25 Time: 1:00 - 3:00pm Cost: \$30			
Acrylic Painting Session 1 Instructor: Cheryl Krahn Age Range: 6 - 9 Gallery in the Park	Date: Oct 29 - Dec 3 Time: 4:30 - 5:45pm Cost: \$125			
Acrylic Painting Session 1 Instructor: Cheryl Krahn Age Range: 10 - 14 Gallery in the Park	Date: Oct 30 - Dec 4 Time: 4:30 - 5:45pm Cost: \$125			
Candle Making Workshop	Date: October 25			
Instructor: Jenna Luptak	Time: 7:00pm			
Rhineland Pioneer Centre	Cost: \$55			
Beading Workshop	Date: Oct 26			
Instructor: Dana Tutcho-Ruben	Time: 11:00 - 5:00pm			
Millennium Exhibition Centre	Cost: \$40			
Pottery Workshop	Date: Nov 9			
Instructor: Joanne Graydon	Time: 10:00 - 1:00pm			
Millennium Exhibition Centre	Cost: \$50			
Kids Watercolor Workshop #2	Date: November 22			
Instructor: Cheryl Krahn	Time: 1:00 - 3:00pm			
Millennium Exhibition Centre	Cost: \$30			
Adult Paint Night	Date: December 2			
Instructor: Cheryl Krahn	Time: 6:30pm			
Rhineland Pioneer Centre	Cost: \$60			
Clay Owl Pottery Take Home Kit	Cost varies depending on pottery			
Register by October 18	See poster or online for options			
Learn more or register for these programs online or by calling				

Learn more or register for these programs online or by calling the Altona Recreation Office at 204-324-9005

Be sure to watch out Social Media Channels for program additions

MILLENNIUM EXHIBITION CENTRE

Sunflower Gardens **Arena**

NHL Regulation-size ice rink with seating for over 700.

Baseball/Softball Indoor Training Tunnel

Made possible by Altona Minor Baseball and Altona Angels Softball. Book a timeslot online.

Running/Walking

Rubberized track overlooking ice surface. Monthly pass for \$11.

Rhineland Pioneer Centre

Featuring a commercial kitchen, sound system, stage and space for 700+, make the RPC your next

event destination!

Short Court Facility

Short court located in the middle of the walking track.

Community Centre

Featuring a large open area, the Elks Indoor Playland, mini-stick arena, floor curling, concessions and more!

ACTIVITIES

Canadian	Firearms	Safety	Course
Register on	line at		

www.mbfirearmsafety.ca Standard First Aid Level C

Instructor: Kim Enns

Millennium Exhibition Centre

Taekwondo Millennium Exhibition Centre Track

Cost: \$150

Herbal Medicine Making Workshop - Fire Cider

Rhineland Pioneer Centre

Canadian Firearms Safety Course

Register online at www.mbfirearmsafety.ca

Babysitting Course

Instructor: Courtney Yeo Thiessen Millennium Exhibition Centre

Cost: \$175 Date: November 2

Time: 9:00 - 3:00pm Cost: \$45

Date: September 21

Cost: \$175 Date: October 5

Time: 8:30 - 4:30pm \$135

Date: October 15

Date: October 19

Time: 8:00 - 4:00pm

Dec 20 Jr Tigers - 4:45 - 5:30pm Beginner - 5:30 - 6:30pm

Date: Monday & Friday, Oct 7 -

Time: 7:00 - 9:00pm Cost: \$45

Time: 8:00 - 4:00pm

	,	
Adult Co-Ed Basketball Gretna Elementary School Free	Date: Mondays, Sept 16 - June 16 Time: 6:30 - 8:30pm Contact donfeaver@gmail.com	
50+ Pickleball Rhineland Pioneer Centre Cost: \$35 season / \$5 drop in	Date:Wednesdays, Sept 18-Nov 13 Time: 1:00 - 3:00pm (WILL RESUME IN NEW YEAR, ADDITIONAL DATES TBD) Date: Wednesdays, Oct 2 - Nov 13 Time: 7:00 - 9:00pm (NO PICKLEBALL OCT 26 & NOV 6) Date: Tuesdays, dates TBD Time: 10:00 - 12:00pm	
18+ Co-Ed Pickleball Rhineland Pioneer Centre Cost: \$20 season		
Ladies Floor Curling: 50+ Millennium Exhibition Centre Cost: \$30		
FKHK One time Fun Time Rhineland Pioneer Centre Cost: \$5	Date: October 4 Time: 1:00 - 3:00pm	
Kids Horsemanship Workshop Riding Arena behind MEC Cost: \$40	Date: October 5 Time: 1:00 - 3:00pm Contact Cindy at 204-324-4545	
Youth Basketball (Grades 4 - 6) Ecole West Park School Cost: \$30.00	Date: Thursday, Oct 10 - Nov 28 Time: 5:30 - 6:30pm	
Ladies Line Dancing Ecole West Park School Cost: \$45	Date: Thursdays, Oct 10 - Nov 28 Time: 7:00 - 8:30pm	
Ukrainian Dancing Ecole Elmwood School \$160 - 45 minute class \$170 - 60 minute class	Date: Thursdays, Oct 10 - Dec 12 Ages 6 - 10 - 4:30 - 5:15pm Ages 10 - 15 - 5:30 - 6:30pm Ages 16 + - 7:00 - 8:00pm	
55+ Mens Volleyball Ecole Parkside School Free	Date: Mon & Thurs, Oct 16 - Apr 26 Time: 7:00 - 8:30pm conraddriedger@gmail.com	
Fall Swimming Lessons Altona Hotel Cost: \$85 Instruction by Stacey Braun	Date: Thursdays, Oct 17 - Nov 21 Preschool 1 - 3 6:00 - 6:40pm Swimmer 1 - 3 6:45 - 7:25pm Swimmer 1 - 3 7:30 - 8:10pm	
R.A.A.D. Wrestling Club Rhineland Pioneer Centre \$65	Date: Mon & Thurs, Nov 5 - Mar 27 Time: 7:00 - 8:00pm	
Badminton: Adult & Teen 13+ Ecole Parkside School \$10	Date: Tuesdays, Nov 5 - March 12 Time: 7:30 - 9:00pm timheppner@hotmail.com	









18+ SKATING TUESDAYS AND THURSDAYS

10:45 - 11:30AM STICK AND PUCK

11:30 - 12:15PM SKATING WITHOUT PUCKS

PRESCHOOL SKATING

10:45 - 11:45AM MONDAYS AND FRIDAYS

Scan here for online program listings and registration.



www.altona.ca/p/recreation-programs